



OSAKA MARATHON 2025

Information on participation

Thank you for entering the Osaka Marathon 2025. Please read this guide carefully before participating in the marathon.

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EVENT SCHEDULE

| Two days on February 22 (Sat) and 23 (Sun, holiday), 2025 | | |
|---|-------------|--|
| Runners' Registration (Osaka Marathon EXPO) | Venue | INTEX Osaka |
| | Time | <Runner registration> February 22 (Sat) 11:00-19:00, February 23 (Sun, holiday) 10:00-18:00 <Exhibition area>February 22 (Sat) 11:00-19:30 (last admission: 19:00), February 23 (Sun, holiday) 10:00 -18:30 (last admission: 18:00) |
| February 24(Mon), 2025 | | |
| The Race Day | 6:30-8:30 | Baggage check in /Dressing (different for each block) |
| | 7:45-9:20 | Runners line up (Deadline for enter : 9:00 for Wave 1, 9:10 for Wave 2, 9:20 for Wave 3) |
| | 8:50 | Start Ceremony (at the start point) |
| | 9:02 | Start of "Kids 1K Challenge !" |
| | 9:15/30/45 | Marathon Wave 1 starts. This is followed by Wave 2 and Wave 3, which start sequentially. 720 <Naniwa> Marathon (Runners) starts with Wave 3. |
| | 10:30/11:30 | 720 <Naniwa> Marathon (Wheelchairs) starts./finishes. |
| | 11:05 | 720 <Naniwa> Marathon (Runners) finishes. |
| | 13:35 | Awards Ceremony (Hotel New Otani) |
| | 16:15 | Marathon finishes. |

Osaka Marathon EXPO

Two days on February 22 (Sat) and 23 (Sun, holiday), 2025

■Opening Ceremony : February 22, 2025 (Sat) 10:15-10:25

■Runners check-in :

February 22, 2025(Sat) 11:00-19:00 (Exhibition area will be opened until 19:30)

February 23, 2025 (Sun, holiday) 10:00-18:00 (Exhibition area will be closed at 18:30)

■Venue : INTEX Osaka, Hall 6, Zone B (1-5-102 Nanko-Kita, Suminoe-ku, Osaka City)

■Access :

about 5minutes walk from “Nakafuto Station” on Osaka Metro New Tram,

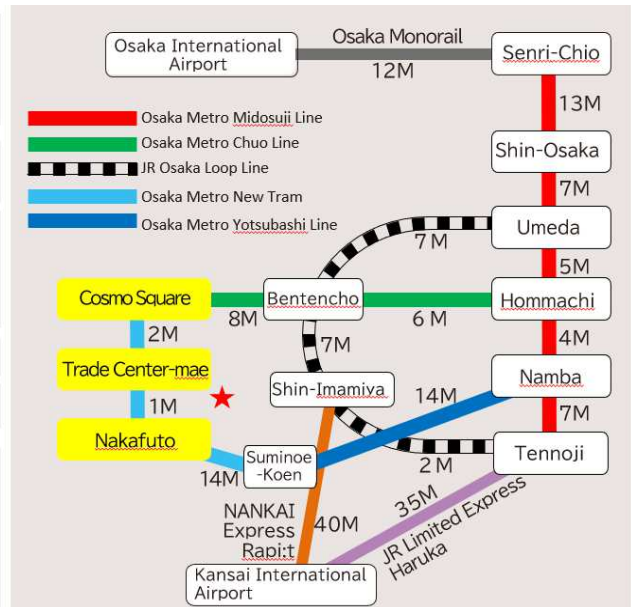
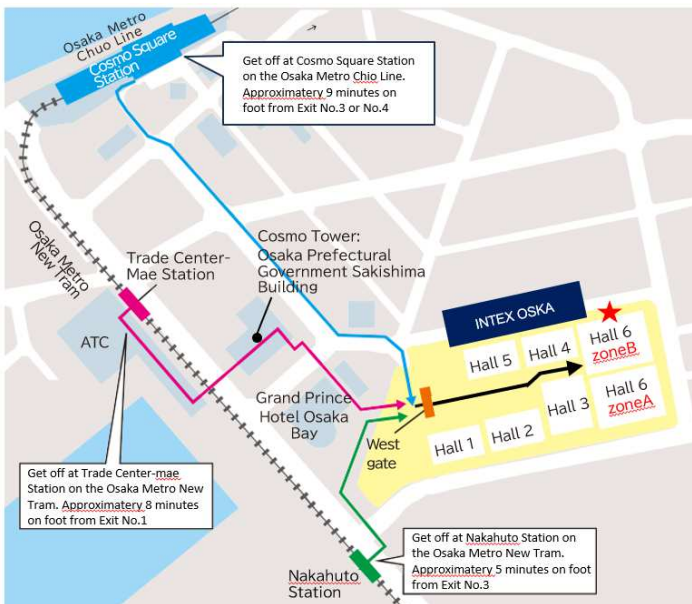
about 8minutes walk from “Trade Center-mae Station” on Osaka Metro New Tram,

about 9minutes walk from “Cosmo square station” on Osaka Metro Chuo Line.

No parking lot. Please use public transportation to the venue

<Notes for runner's check-in>

- There will be no check-ins on February 24 (Mon), the race day.
- Check-ins after the above operation hours is not accepted, even if there is a delay in public transportation, so please arrive ahead of time.
- There will be an identity verification at the time of runners check-in, No Check-ins by proxy are allowed even using a Power of Attorney.



Estimated travel time to Cosmo Square Station by train

| | | |
|------------------------------|--------|----------------------|
| Umeda,Namba | 40M | Cosmo Square Station |
| Shin-Osaka | 45M | |
| Osaka International Airport | 1H 30M | |
| Kansai International Airport | 1H 45M | |

The Osaka Marathon's official SNS will keep updating the information about the Osaka Marathon and will also update the scene of the venue on the day of the EXPO, so please check it out.

Official Instagram



Official Facebook



◆Preparation before check-in

Preparation ① Issuance of Athlete Bib Vouchers

An "Athlete Bib Voucher" is required to register runners at the Osaka Marathon EXPO. Please issue it by yourself in advance. Please refer to the separate document "How to Issue Athlete bibs vouchers" for detailed procedures.

<https://www.osaka-marathon.com/2025/en/entry/guidance/pdf/runnet.pdf>

| Method of issue | Representative | For group entries |
|--|---------------------------------|---|
| ① From your smartphone (Emailed on 1/28, 2/7, 2/18) | ● (This will require an email.) | The representative will receive an email. |
| ② From your PC (Emailed on 1/28, 2/7, 2/18) | ● (This will require an email.) | The representative will receive an email. |

[Runner Check in]
● **Period**
February 22 (Sat) 11:00~19:00
February 23 (Sun) 10:00~18:00
● **Venue**
INTEX Osaka 6 Zone B

Preparation ① Identification document check
Identification documents must be presented at the runner registration desk.
Please check the list below and remember to bring them!

Documents requiring only one form (A) for confirmation:
Personal Number Card (My Number Card)
Driver's License
Resident Basic Resident Registration Card (with photo)
Special Permanent Resident Certificate
Resident Card (Physical Disability Certificate)
Mental Disability Certificate, Rehabilitation Certificate

Documents requiring two forms (A + B) for confirmation:
A (With photo):
Certificate issued by a corporation (employee ID card, etc.)
student ID card, credit card, Taspo
B (Documents issued by public institutions):
Health insurance card, nursing care insurance card, national pension book, resident register card (with photo), certificate of residence

Preparation ② Identification Documents

Runners are required to present "Identification Documents" at the runner registration desk.

◎Documents requiring only one form for confirmation:

- **Passport** • **Resident Card**
- Personal Number Card (My Number Card)
- Driving Record Certificate
- Special Permanent Resident Certificate
- Mental Disability Certificate
- Driver's License
- Basic Resident Registration Card (with photo)
- Physical Disability Certificate
- Rehabilitation Certificate

OR

◎Documents requiring two forms (A + B) for confirmation:

A (With photo):

- Certificate issued by a corporation (employee ID card, etc.)
- student ID card • credit card • Taspo

B (Documents issued by public institutions):

- Health insurance card • nursing care insurance card • national pension book
- certificate of residence

◆Flow chart “Osaka Marathon EXPO”

Venue:
INTEX Osaka
Hall 6, Zone B

Please enter from
the entrance of
your runner category

① Identification Counter

•ID Check (Identification)

Please present your smartphone screen or the Athlete Bibs Voucher that you have printed out in advance and your identification documents (see p. 3).

•Receive the “the Osaka Marathon 2025 Program” and “Meeting place map & running course map”

② Athlete Bibs Exchange Counter

•Receive an athlete bib set and baggage bag (for the race day).

*Baggage bags will not be provided to those who selected “No Baggage check” at the time of entry.
*Please bring a bag as we do not have another one for you to take home.

•Wearing a Security Band.

The color changes depending on the category of runner. As a part of the security measures, please wear it on your wrist at the time of registration. We ask for your cooperation in wearing it by the race day.

③ Charity Goods Pick up Counter

Only for Applicants

• Pick up charity goods.

Please pick up the charity goods if you have applied for them at the time of entry.

④ Cloak counter (cloakroom service)

Only if wanted

• Checking in your suitcase

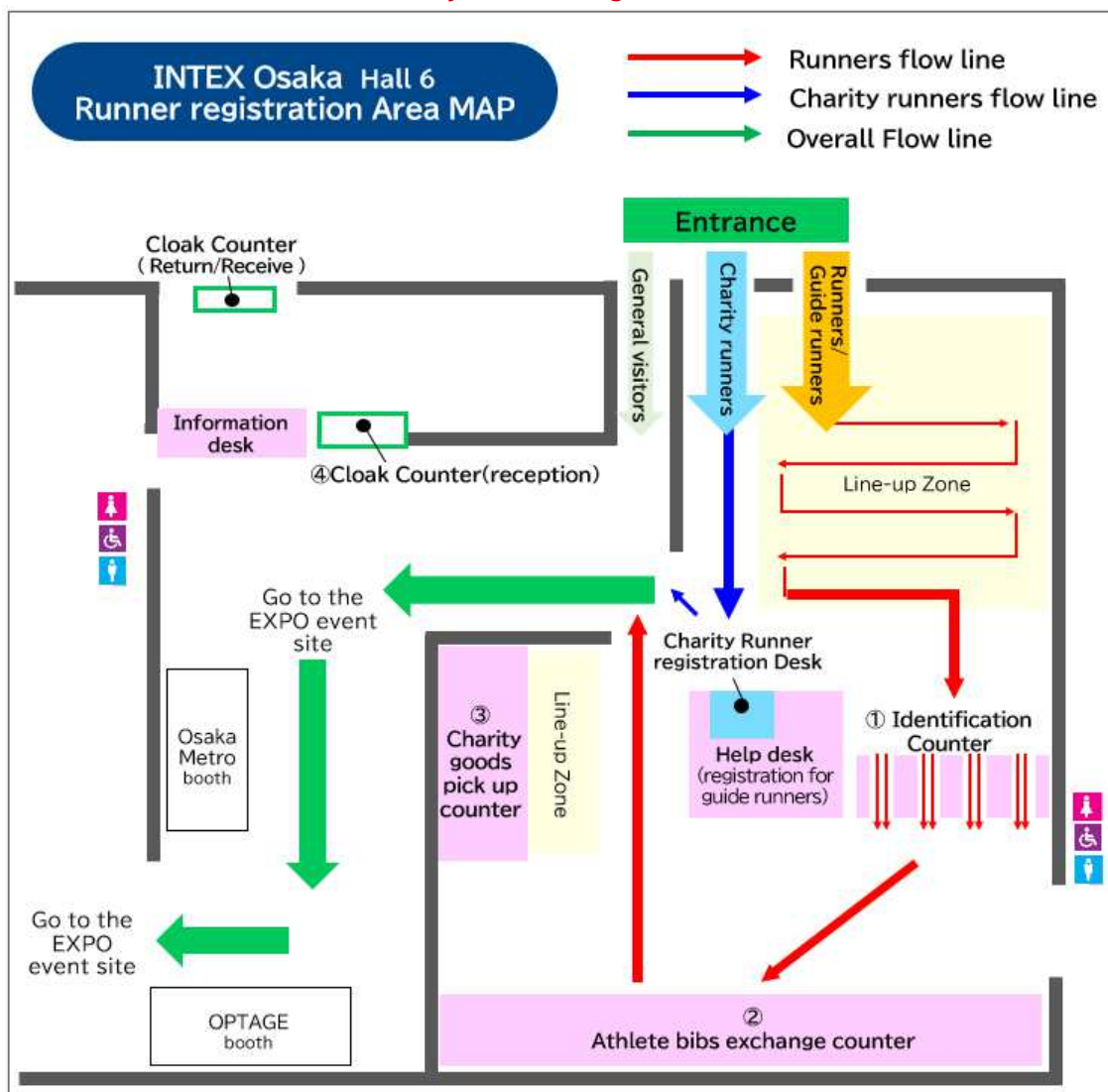
If you want, You can check-in your suitcases at the cloakroom, and move to the EXPO event with ease. * 600 yen per suitcase. Payment is cashless only.

Enjoy the EXPO site!

For more Information
(Japanese page)



* Charity runners can pick up all the above items①, ②, ③ and charity runner T-shirts at the charity runner registration desk.



◆List of items distributed at the Osaka Marathon EXPO

■ “Osaka Marathon 2025 Program” and “Meeting place map & running course map”

◎The Program contains a list of participants and various other information about the Osaka Marathon.

◎ The Venue and Course MAP contains important information such as a map of the changing area, start line, course map, and finish line map for the race day.



■Athlete Bibs Set ※ Includes safety pin for attachment

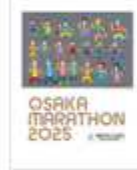
◎ The number of athlete bib is 2 (chest and back) for JAAF registered runners and charity runners, and 1 (chest) for general runners. Please make sure to check the printed name is correct and fill in the emergency contact information and other necessary information on the back of the bib.

◎ Athlete bibs cannot be reissued. Please be sure to wear them on the day of the race. Runners who do not wear the bibs will be asked to stop the race.



■Baggage Bags &

Baggage sticker



※If you chose No check-in baggage at entry, no baggage or baggage sticker will be provided.



◎ Please stick the “baggage bag sticker” to the designated position on the baggage bag (70cmx50cm) on the race day, only the items which fit into this baggage bag can be checked.

■Security band



◎The color will change depending on the category of runner. As a part of the security measures, please wear it on your wrist at the time of registration. We ask for your cooperation in wearing it by the day of the race.

■Timing chip & Twist ties



◎Please attach them to your shoes (you will receive a manual at the EXPO). If you do not know how to attach them, please come Information on the race day.

■Participation Prize (full marathon runners only)

*Please see the back of the ticket for exchange instructions.

◎“551HORAI Pork bun (1 piece) exchange voucher”

Please exchange at 551HORAI stores. (Exchange period: 2/22/2025 - 5/24/2025)

◎“McDonald’s McFry® S size (1 piece) Special Free Coupon”

Exchange at any McDonald’s restaurant in Osaka Prefecture. (Exchange period: 2025/2/22 - 4/30)

02 CHECK LIST a day before

◆Check what to wear, bring, etc.

- Did you tie the timing chip on you shoes?
(If you don’t know how to put it on, please come to the information on the race day.)
- Did you wear the Security band on your wrist?
- Did you pin the athlete bib on the uniform that you wear for the race?
- (Applicable person only) Did you stick the baggage sticker on your baggage?
- Are you feeling well? Please refrain from participating if you have symptoms of fever or are feeling unwell. We also recommend that you bring your health insurance card in case of unforeseen conditions.
- (If the weather forecast is for rain) Please bring a folding umbrella or other rainy gear, as long umbrellas cannot be checked in your baggage. As rain and cold protection, please be prepared to keep you warm with a cap, poncho, arm warmers, gloves, Vaseline, etc.
- Please prepare cash or a transportation IC card just in case.(Required for those who retire and are unable to board the pick-up bus to return to the finish point by public transportation.)

◆Check your clothes

- Please participate with clothes where athlete bibs is easily-identifiable.
- Please refrain from the clothes against public order and morals.
- It is not allowed to carry unnecessary items to the race.
- JAAF members are prohibited from participating in the race dressed in costume. Block A is also a highly competitive block, and to prevent danger, disguise is prohibited regardless of whether you are registered or not. In addition, we do not allow clothing or behavior that may cause discomfort other runners or people along the course. You are not allowed to take what you don’t need for the race.

03 Race Day (before the start ~ the start)

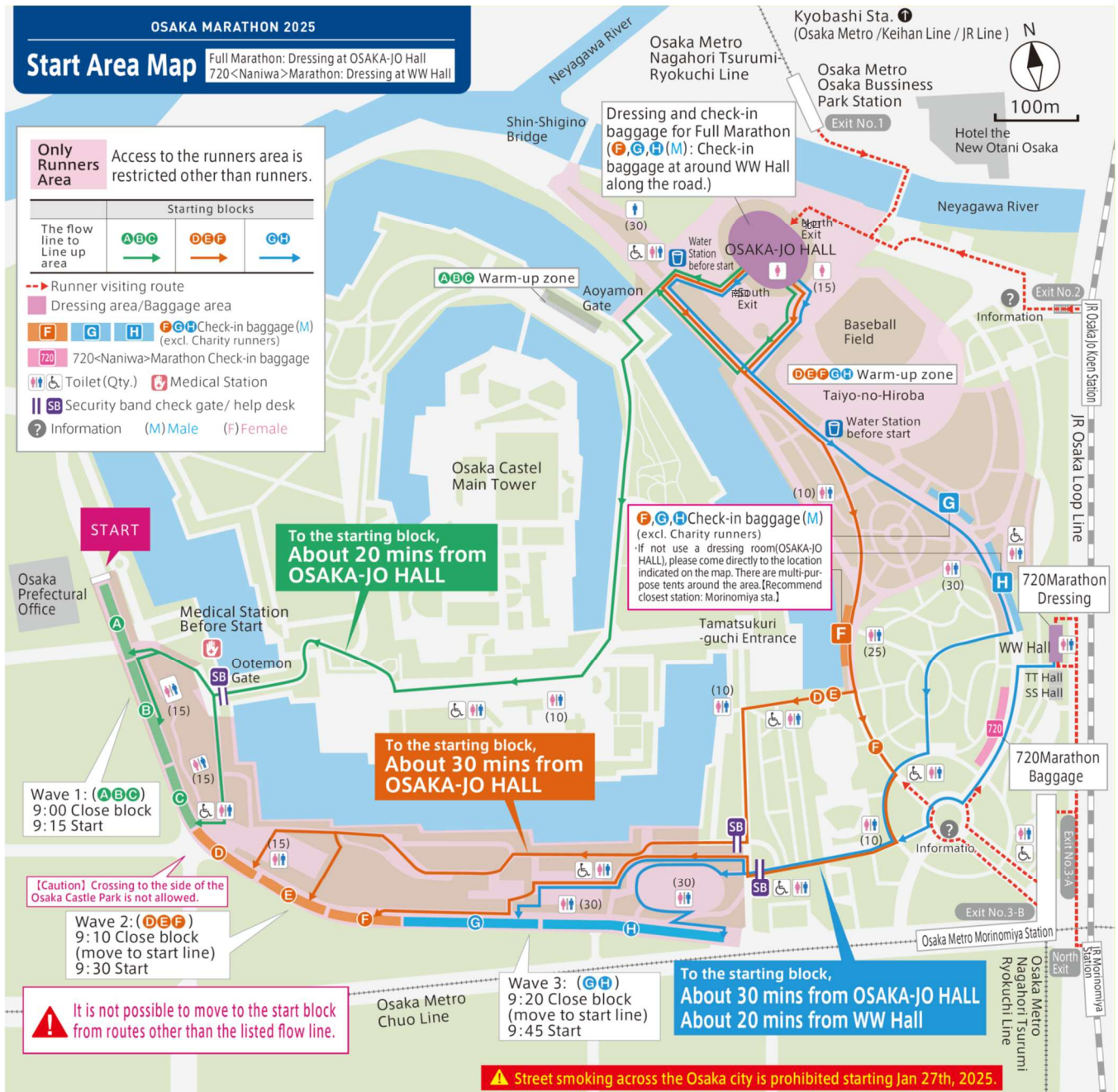
◆Final Decision on Holding of the event

The final decision on whether or not the event will be held due to disasters or inclement weather will be announced at **5:00 a.m. on Monday, February 24, 2025**, the race day, on the official website (<https://www.osaka-marathon.com/>).

! Are you in good physical condition? Please do not participate if you have symptoms of fever or if you are not feeling well.

◆Start Area Map

*You can also get the printed map at the Osaka Marathon EXPO venue.



◆Required time to the venue from each station(on foot)

| Runner | Venue | Recommended Closest Station | | Estimate Time (on foot) |
|----------------------------|---------------|--|--|-------------------------|
| Marathon(42.195km) runners | Osaka-Jo Hall | JR Osaka Loop Line | Osaka Jo Koen Station (Exit No.2) | Approx. 5 mins. |
| | | Osaka Metro Nagahori Tsurumi Ryokuchi Line | Osaka Business Park Station (Exit No.1) | Approx. 5 mins. |
| | | JR Osaka Loop Line /Keihan's Lines | Kyobashi Station (Via Osaka Castle Kyobashi Promenade) | Approx. 15 mins. |

! To Block F, G, H Block(Men)Full Marathon Runners (excluding charity runners)

◎The baggage check area for F, G, and H block male runners will be located near the WW Hall in Osaka Castle Park. If you do not need to use the dressing area (Osaka-Jo Hall), please go directly to the check-in baggage area. The recommended nearest stations are Morinomiya Stations, the same as the 720 (Naniwa) Marathon runners below.

◎Multipurpose tents will also be set up near the check-in baggage area.

| Runner | Venue | Recommended Closest Station | | Estimate Time (on foot) |
|---------------------------------|-----------------|---|--|-------------------------|
| 720 <Naniwa> Marathon (Runners) | Arround WW Hall | Osaka Metro Chuo Line/ Nagahori Tsurumi Ryokuchi Line | Morinomiya Station (Exit No.3-A, No.3-B) | Approx. 5 mins. |
| | | JR Osaka Loop Line | Morinomiya Station (Exit North) | Approx. 5 mins. |

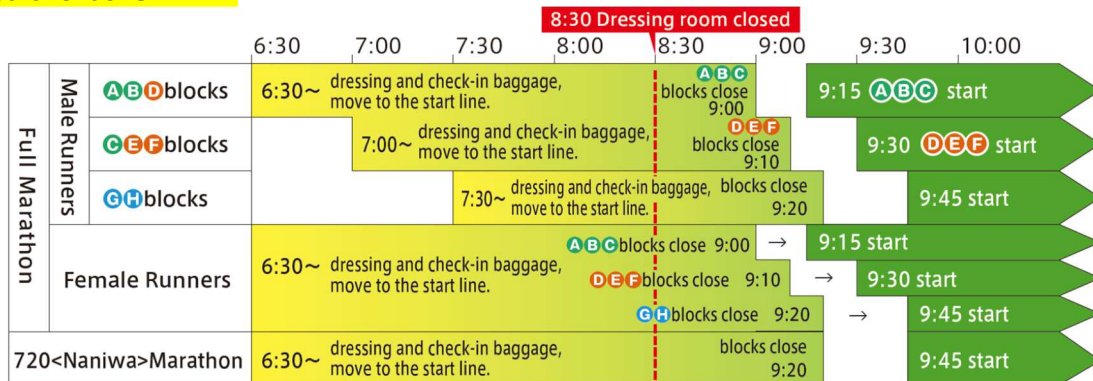
◎Please be sure to use public transportation and come from the above recommended stations to reduce congestion.

◎Not able to access to go to the starting block from Osaka Metro Tanimachi 4-chome Station on the race day.

◎Traffic regulations will be enforced from around 7:15 to 16:35 on the day of the race.

◎There is no parking area at the venue. Please refrain from picking up and dropping off by your own car as the surrounding roads will be congested. Please refrain from parking on the street or at nearby stores, as this will cause a great inconvenience.

◆Timetable to START



◆Dressing

| Runner | Dressing Area | Dressing available time |
|---------------------------------|---------------|---|
| Full Marathon Runners | Osaka-Jo Hall | [Men] Block A, B, D from 6:30 to 8:30 Block C, E, F from 7:00 to 8:30 Block G, H from 7:30 to 8:30 [Women] Block A~H from 6:30 to 8:30 |
| 720 <Naniwa> Marathon (Runners) | WW Hall | from 6:30 to 8:30 |

◎Please come clothed to run as possible.

◎Runners in Blocks F, G, and H who do not use the dressing area (Osaka-Jo Hall) for men (excluding charity runners), please come directly to the baggage check-in area.

◎Please refer to the MAP on pages 6 and 9 for the detailed changing area information for your block (indicated on the athlete bibs).

◆Baggage Check-in

| Runner | Baggage Area | Baggage Check-in Time |
|---|---|--|
| Full Marathon Runners (Block A-E Men, Block A-H Women) | Osaka-Jo Hall | Block A, B, D from 6:30 to 8:30 Block C, E, F from 7:00 to 8:30 Block G, H from 7:30 to 8:30 |
| Full Marathon Runners (F, G, H Block Men) ※Excluding Charity Runners. | Around WW Hall in Osaka Castle Park | Block F from 7:00 to 8:30 Block G, H from 7:30 to 8:30 |
| 720 <Naniwa> Marathon (Runners) | In front of WW Hall in Osaka Castle Park | from 6:30 to 8:30 |

◎Please leave your baggage at the counter with the baggage number written on your athlete bib.(See MAP on P.6 and P.9)

◎Items which do not fit in the baggage bag will be not accepted, runners should show those athlete bib when checking their baggage. Once the baggage is checked, it cannot be taken out until after the finish.

◎We will not be responsible for lost or damage of the baggage, please tie the bag tightly to prevent the baggage from popping out.

◎Do not leave valuables, fragile items, living creatures, long umbrellas, dangerous items, etc. in your baggage. Any suspicious baggage may be subject to inspection.

◎If you do not have a check-in baggage, please line up directly at the start block according to the flow line on MAP on P.6.

◎720 <Naniwa> Marathon Runners' baggage will be transported to the finish line by transport truck from 8:30 a.m.



! ◎Expect crowded at around dressing and baggage check in area, please move up to the start block as soon as possible after dressing and check in the baggage.

◎Dressing area can't be used for the waiting area before starting the race. We appreciate your cooperation.

◎The dressing area will be closed at 8:30.

◆Runners line up (Line up begins at 7:45 and ends at the closing time of each block.)

Please check your alphabet (A-H) on your athlete bib and lining up before the closing time of each block. (see MAP on P.6).

- Wave1 starts at 9:15(Block A·B·C)
- Wave2 starts at 9:30(Block D·E·F)
- Wave3 starts at 9:45(Block G·H, 720 <Naniwa> Marathon (Runners))

as above, the wave will be divided into three parts.

◎If you start from the wave that comes before yours, you will be disqualified (no record).

◎If you cannot make it to your block, you start from the block behind yours. We measure your time from the originally assigned block time.

◎If you are significantly late for your block time, you may not be able to join the race.

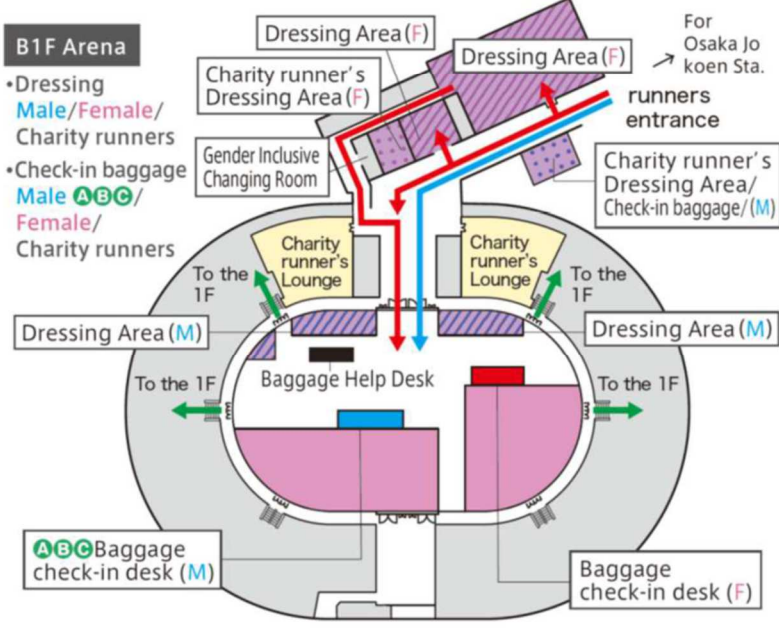
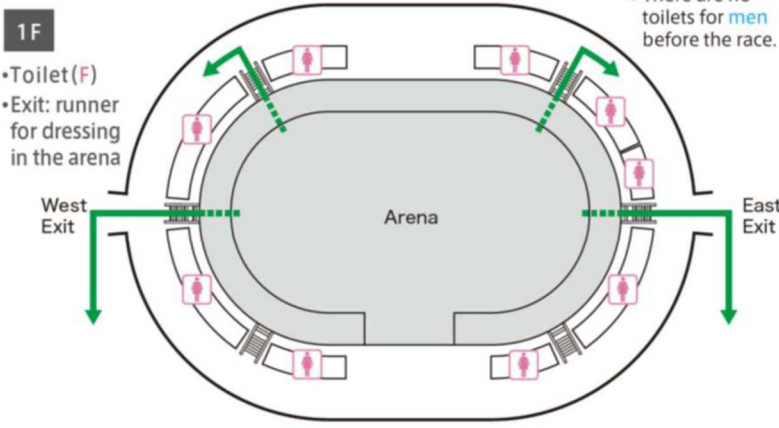
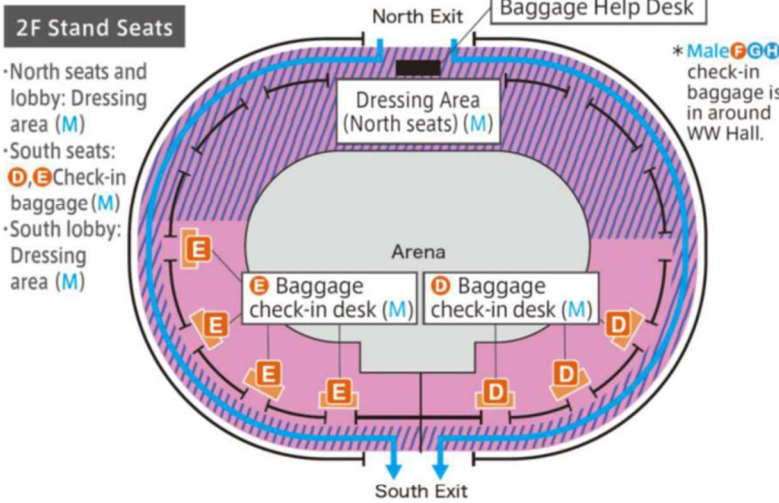
◎For not being late for the start time, please check your baggage early, finish the toilet, and line up soon. Please be punctual.

※ Please note that there are no men's toilets inside Osaka-Jo Hall before the start. (See MAP on P.6 for toilet locations)

◆ Dressing area (inside Osaka-Jo Hall and WW Hall) MAP & Baggage check-in area (inside Osaka-Jo Hall) MAP

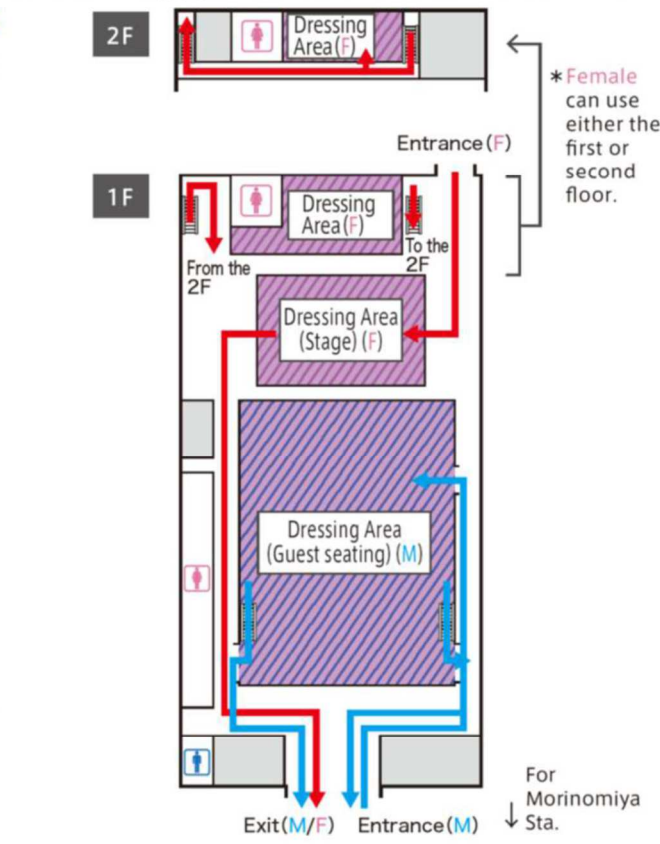
*You can also get the printed map at the Osaka Marathon EXPO venue.

OSAKA-JO HALL Full Marathon



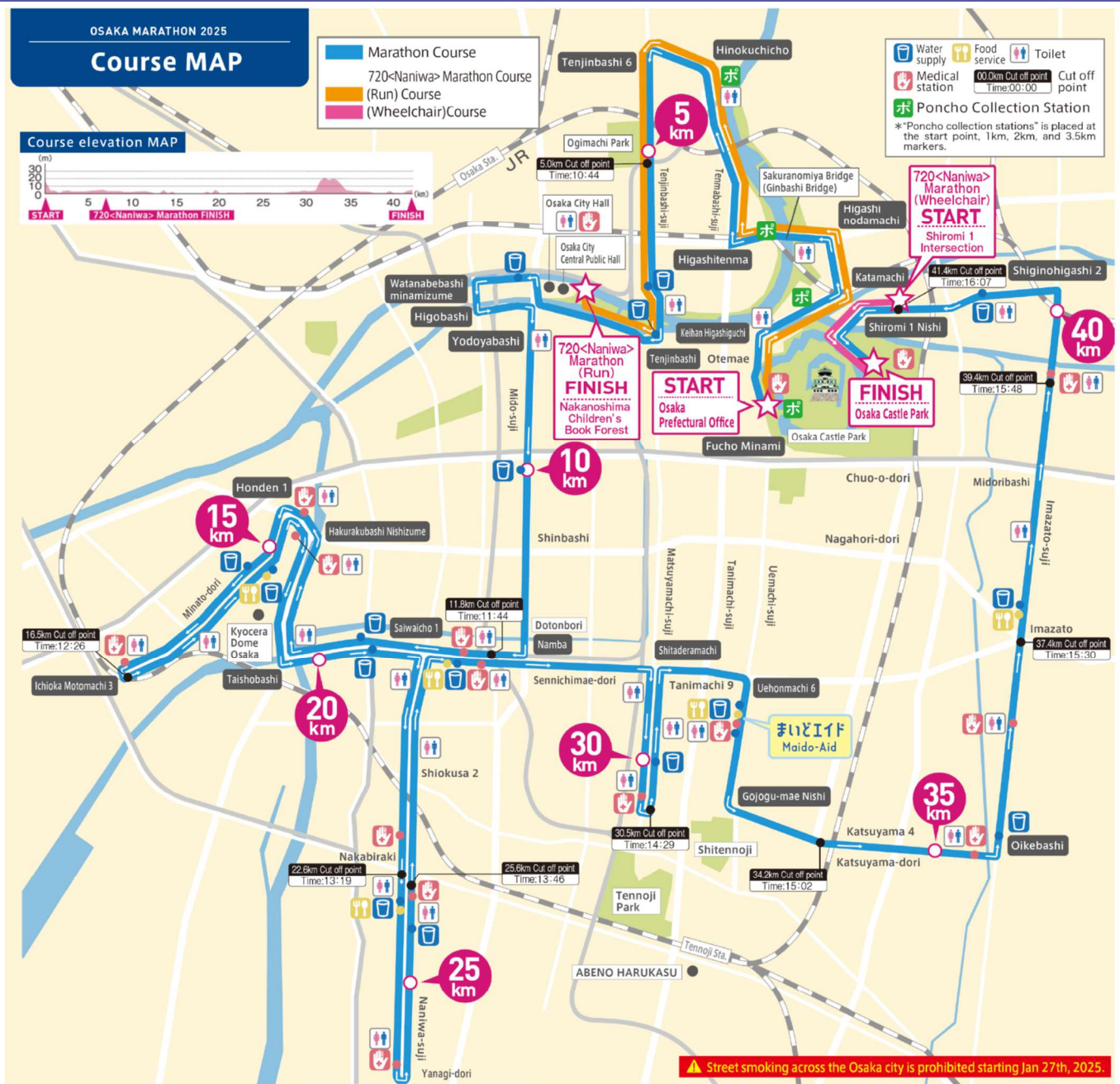
WW Hall 720<Naniwa>Marathon

For check-in baggage, we take care in the area in front of WW Hall.



- Female Flow Line
- Male Flow Line
- Flow Line (M/F)
- ABCDEF Block
- Female Dressing area
- Charity Female Dressing
- Male Dressing room
- Charity Male Check-in baggage/ Dressing area
- Baggage area

04 Race Day (after the start and during the running)



*You can also get the printed map at the Osaka Marathon EXPO venue.

◆Toilet locations

※Please also refer to the course map above.

| Toilet | | | *Please respect manners, and use designated toilet. | | |
|--------|--|----------|---|---|----------|
| Point | Place | Quantity | Point | Place | Quantity |
| 0.5km | Sidewalk on the north side of the Keihan Line East Exit intersection | 20 | 23.9km | Matsu-dori Park | 12 |
| 1.8km | Inside of Kema Park (South riverside at the east of Sakuranomiya Bridge) | 20 | 25.7km | Minami-biraki Park | 10 |
| 3.4km | Around Nagara exit/entrance of Hanshin express toll road | 7 | 26.5km | Osaka Municipal Sakae elementary school | 10 |
| 6.2km | South Tenma Park (East riverside at the north of Tenjinbashi Bridge) | 20 | 27.9km | In front of OCAT | 10 |
| 7.5km | Osaka City Hall | 29 | 29.5km | Osaka Municipal Koudu elementary school | 9 |
| 9.0km | Mitsubishi UFJ Trust and Bank of Osaka headquarter | 16 | 30.5km | Aizen Park | 10 |
| 11.9km | Minato machi River Place | 14 | 31.5km | Ikutama Park | 12 |
| 13.6km | Taisho-bashi bridge intersection | 11 | 33.0km | Osaka International House Foundation | 12 |
| 14.4km | Matsushima Park (North)/Matsushima Youth Park | 12 | 35.1km | Ikuno ward office | 8 |
| 16.4km | Osaka Prefectural Ichioka high school | 15 | 36.6km | Nakagawa Nishi Park | 2 |
| 17.2km | Hello work Osaka West (parking lot) | 8 | 38.2km | Seven Eleven Osaka Nakamoto 5th street | 5 |
| 18.7km | Matsushima Park(South)・Matsushima Baseball field | 10 | 39.5km | Nakahama sewage plant | 5 |
| 21.0km | (KK) KEY BOARD | 9 | 40.9km | Osaka Trucking Association | 2 |
| 22.7km | Lawson Nishinari Naka-biraki 3rd street | 13 | | | |

◆Cut off point *Please also refer to the course map on P.10.

◎Cut-off will be enforced at 10 check-points due to limited duration of traffic control, security and operation. After cut-off time, no runners may pass through cut-off points. After cut-off time runners who fail to pass through the cut-off points are required rapidly to board the pick up bus from next cut-off point or last one. The race officials may urge runners, who are considered difficult in continuing run, to drop the race. Runners who are urged from the race officials, Please follow the directions of the race officials.

| List of Cut off point locations | | |
|---------------------------------|--------|---------------|
| | Point | Cut-off times |
| 1 | 5.0km | 10:44 |
| 2 | 11.8km | 11:44 |
| 3 | 16.5km | 12:26 |
| 4 | 22.6km | 13:19 |
| 5 | 25.6km | 13:46 |
| 6 | 30.5km | 14:29 |
| 7 | 34.2km | 15:02 |
| 8 | 37.4km | 15:30 |
| 9 | 39.4km | 15:48 |
| 10 | 41.4km | 16:07 |

◎In case of drop out of the race at any places except for the check-point, please apprise it to the race officials on the course and follow their instruction. And please come to the finish place by either below methods.

- ①Go to the nearest check-point and board the pick up bus.
- ②Board the last pick up bus.


◎A pickup bus will be in operation based on the timetable for cut-off point. When you are overtaken by the “sweeper” vehicle during the race, you are told to stop running no matter where you are. In such a case, stop running and get in the bus that follows the bus or walk on the side of the road to the next cut-off point according to instructions of the race officials.

◆Medical station *Please also refer to the course map on P.10.

◎At the first Medical station, doctors, nurses, etc. are on standby. The first Medical station is operated under a system that emphasizes life-saving treatment, and only first aid will be provided for injuries sustained during the race.

◎Home remedies (stomach medicine, cold medicine, compresses, etc.) and anti-inflammatory and analgesic sprays will not be provided.

◎A first aid vehicles will be deployed to transport injured or sick people to hospitals as necessary. AEDs will be placed along the course, and there will be mobile AED teams, fixed AED teams, and doctors, nurses, and paramedics who will run with the runners as medical runners.

| Medical station List  | | | | | |
|--|--|-------|---|---|---|
| Point | Place | Point | Place | Point | Place |
| 0 km | Medical Station Before Start | 22 km | Naniwa Minami Park Meeting Hall | 35 km | Ikuno Brunch, Osaka Municipal Fire Department |
| 7 km | Osaka City Hall | 24 km | Matsu-dori Park | 37 km | Nakagawa Nishi Meeting Hall |
| 12 km | Hozan tool Industrial Co.,Ltd. Parking lot | 26 km | Minami-biraki Park | 39 km | Nakahama sewage plant |
| 14 km | Matsushima Park (North)/Matsushima Youth Park | 28 km | In front of OCAT | After finish full marathon (In Osaka Castle Park) | OSAKA-JO Hall parking lot |
| 16 km | Osaka Prefectural Ichioka High School | 30 km | Aizen Park | | Japanese Archery Field |
| 18 km | Matsushima Park(South)-Matsushima Baseball field | 33 km | Osaka International House Foundation 1F Gallery | | Citizen's Forest |

! <Follow doctor's directions during the race>

If you are told to stop running by a doctor, you should do so immediately. If you are told that you have a health issue at the Medical Station or if you feel uncomfortable with your chest, please go to the hospital after the race for the sake of yourself and someone who cares about you.

◆Collecting the poncho *Please also refer to the course map on P.10.

With the cooperation of Mizuno Corporation, “poncho recycling boxes” will be set up for this event to recycle ponchos. There will be four locations: the starting point, 1km (3 boxes), 2km (2 boxes), and 3.5km (1 box). If you would like your poncho to be recycled, please put it into the “poncho recycling box”.

***For your safety and to avoid congestion, please remove your poncho and put it in the recycling box while running. Stopping in front of a recycling box may cause a traffic jam. Please use the next recycling box 10m ahead.**



◆Water supply/Food service *Please also refer to the course map on P.10.

| Water supply/Food service | | | | |
|------------------------------------|-------|--------------|-------|--|
| Point | Water | Sports drink | Juice | Food (*Food menus might be changed at each stations.) |
| Start | ○ | | | |
| 6.0km (x2) | ○ | ○ | | |
| 7.8km | ○ | | | |
| 10.0km | ○ | ○ | | |
| 12.8km | ○ | | ○ | |
| 15.3km | ○ | ○ | | |
| 18.0km | ○ | | | Banana, Candy, Mini Croissant (Chocolate), Takoyaki Sweet, Yokan, Salt charge tablet |
| 20.4km | ○ | ○ | | |
| 22.6km | ○ | | | Banana, Candy, Mini Croissant (cream), Salt charge tablet, Pickled plum, Thin cookie, Japanese cake, Yokan |
| 25.3km | ○ | ○ | ○ | |
| 27.6km | ○ | | | Banana, Candy, Chocolate snack, Salt charge tablet |
| 31.1km | ○ | ○ | | |
| 32.8km | ○ | | | Maido-Aid (Osaka Local food including Takoyaki) |
| 35.8km | ○ | ○ | ○ | |
| 37.6km | ○ | | | Candy, Japanese cracker, Salt charge tablet, Madeleine, Bean Sweets(black soy bean/peanuts) |
| 40.8km | ○ | ○ | ○ | |
| After finish full marathon | | | | Onion soup, Sweet rice juice, Protein chicken stick, Japanese sweets, Fried bean snacks, Instant noodles, Sports drink |
| After finish 720 <Naniwa> marathon | | | | Banana, Sweet rice juice, Sports drink |

◎Water stations are placed at an interval of about 2.5km from 5km onward. You are encouraged to take water in an organized manner to stay hydrated.

◎According to the Stormy weather, it might be suspended the provision of meals.

◎Special drinks are provided only for invited and elite runners.

◆Pace advisor(Pace Runner)

◎Pace setters with bibs, pink cap and balloon will run in order to help you keep your pace.

◎The Pace Advisor will aim to record the time from the start gun to the finish. It is only an estimate of pace and is not intended to be an exact set time for the finish.



| Wave(Time of signal gun) | Pace(Standards of signal gun) |
|--------------------------|-------------------------------|
| Wave 1 (9:15) | 3hrs00min |
| | 3hrs15min |
| | 3hrs30min |
| | 3hrs45min |
| Wave 2 (9:30) | 4hrs00min |
| | 4hrs15min |
| | 4hrs30min |
| | 4hrs45min |
| Wave 3 (9:45) | 5hrs00min |
| | 5hrs30min |
| | 6hrs00min |

◆Staff uniforms

◎Colors of uniforms will vary depending on the roles. Please ask for them according to your needs and objectives.

| | | |
|-----------------------------|---|--|
| <p>Medical relief staff</p> | <p>Course roadside marshals/ Food and water supply staff</p> <p>volunteer</p> | <p>Race officials</p> <p>Operation staff</p> |
|-----------------------------|---|--|

◆Other precautions during the race

◎Please be sure to pass through the blue mats for time measurement, except for the one at the 1km point after the start.(The mat at the 1km point is for elites only, so there is no need to pass it.)

◎In sections where colored cones are placed on the center line of the course, it is prohibited to run beyond the line where the colored cones are placed. Especially in the sections where the runners are facing each other, it is extremely dangerous to overtake the runner in front of you by crossing the line where the colored cones are placed, so please do not do so.

◎Traffic regulations are in place on the course, but please be aware that there are places where runners may be facing or running alongside cars. And there are also some places where runners may run alongside the cars of the event. At each intersection on the course, under the discretion of the race officials, pedestrians and bicycles may be allowed to cross the course, please check ahead carefully.

◎If an emergency such as an accident or fire occurs during the race, emergency vehicles may pass through the course. In such cases, please follow the instructions of the race officials, police officers, and staff on the course and give priority to the passage of emergency vehicles.

◆Records

The following two types of records will be measured.

- **Including gross time (official record) : Recorded from each gun**
- **Net time (reference record): Recorded from the time of crossing the start line.**

The following records will be available for download from the event website from the following dates and times (tentative).

- Day record (records only): Monday, February 24, from around 10:00 p.m.
- Official record (with standings, records, lap times, etc.): one week after the race

Osaka Marathon
Official WEBSITE

<https://pre-osaka-marathon.com/2025/en/>

◎All record certificates will be issued only to who complete the race within the time limit for each category.

◎Please note that it may take up to two months to verify the insufficient records, such as missing lap times.

◎Records will not be sent by mail, etc.

To appeal a record, please apply by email to the Osaka Marathon Call Center listed below by Monday, March 3, 2025 at noon [tentative].

Osaka Marathon
Call Center

Mail : support@osaka-marathon.com

05 the race day (after the finish)

◆ Full marathon- Flow chart after Finish

◎Because the Runner Service Zone is a one-way street, runners cannot return after passing through.

◎Please present your athlete bib when picking up your baggage.

◎There is no parking place. Pick-up and drop-off by private car is strictly prohibited.

⚠ Street smoking across the Osaka city is prohibited starting Jan 27th, 2025.



*You can also get the printed map at the Osaka Marathon EXPO venue.

★ **Care Station** ※Please also refer to the map above.

After finishing the full marathon, full marathon runners can receive aftercare such as stretching from the professional staff.

Location: Osaka-Jo Hall north side, former restaurant site

(At the bottom of the large staircase outside the north exit of Osaka-Jo Hall, there is a promenade that runs along the river. The care station is located along that road. Please refer to the photo on the right.)



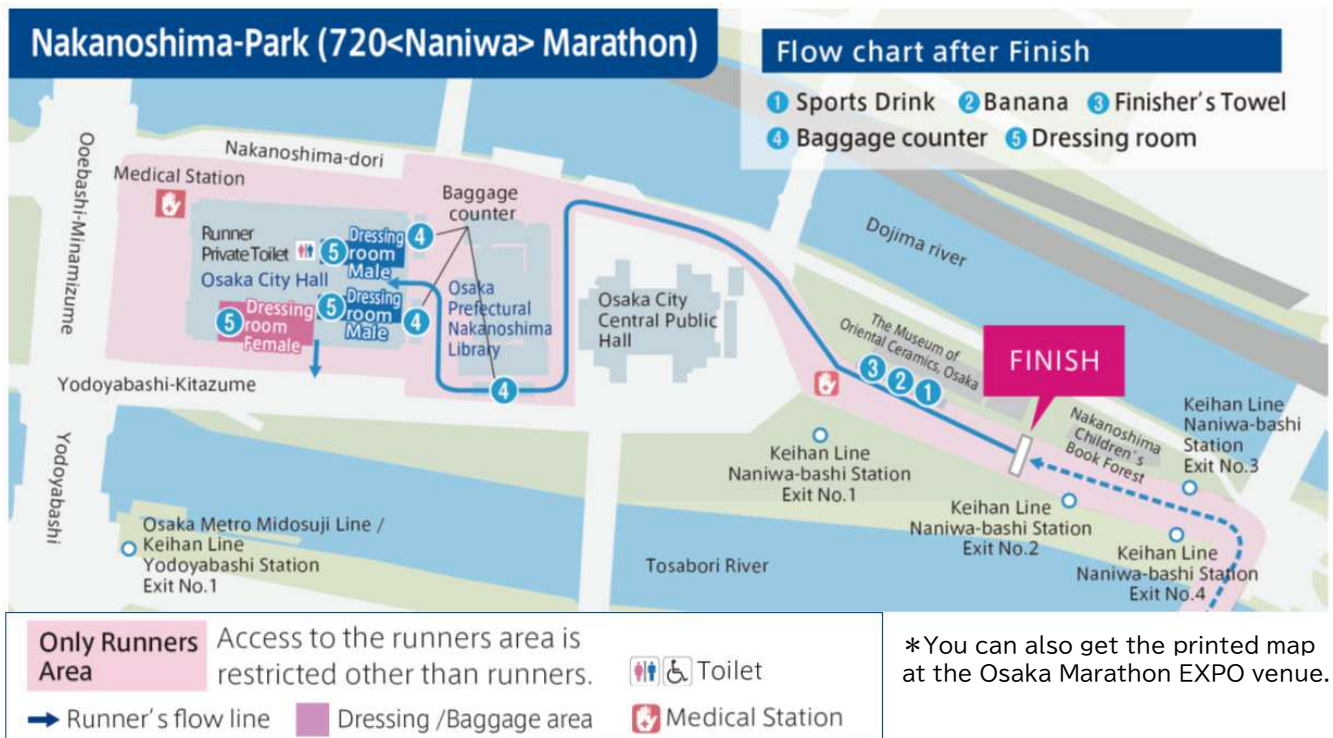
◆720<Naniwa>Marathon (runners) - Flow chart after Finish

◎Because the Runner Service Zone is a one-way street, runners cannot return after passing through.

◎Please present your athlete bibs when picking up your baggage.

◎There is no parking place. Pick-up and drop-off by private car is strictly prohibited.

⚠ Street smoking across the Osaka city is prohibited starting Jan 27th, 2025.



Latest information · Inquiries

Official WEBSITE

<https://www.osaka-marathon.com/2025/en/>



Inquiries

Osaka Marathon Call Center

✉ support@osaka-marathon.com

☎ 072-886-8930

| | | |
|--------------|--|-------------|
| Office Hours | Weekday, Until Feb 21 and after Feb 25 | 10:00~17:00 |
| | Sat. Feb 22 | 10:00~19:30 |
| | Sun. Feb 23 | 9:00~18:30 |
| | Mon. Feb 24 | 5:00~17:00 |

Final Decision on Holding of the event

The final decision on whether or not the event will be held due to disasters or inclement weather will be announced at 5:00 a.m. on Monday, February 24, 2025, the day of the event, on the official website.

Official SNS

Official Instagram



Official Facebook

